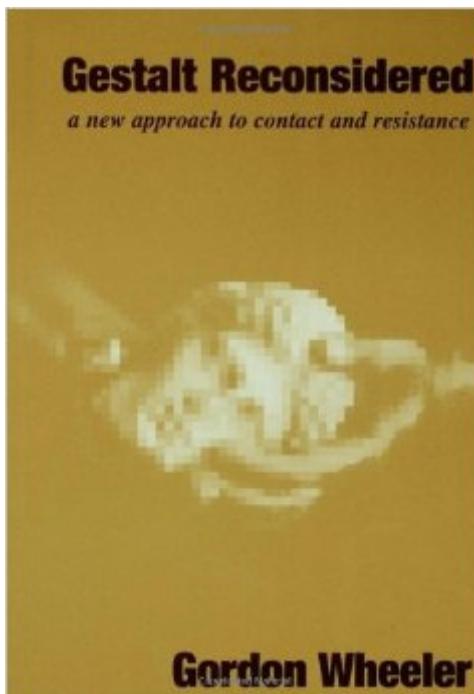


The book was found

# Gestalt Reconsidered: A New Approach To Contact And Resistance



## **Synopsis**

In this original and penetrating work, the origins of the Gestalt psychotherapy model are traced back to its roots in psychoanalysis and Gestalt cognitive and perceptual psychology. Drawing new implications for both Gestalt and psychotherapy in general from these origins - and with special emphasis on the neglected work of Lewis and Goldstein - Wheeler develops a revised model that is more fully "Gestalt" and at the same time more firmly grounded in the spectrum of tools and approaches available to the contemporary psychotherapist. Along the way, a number of new insights are offered, not just in Gestalt, but in the working of the psychoanalytic and cognitive/behavioral models. The result is an integrated approach giving a fresh perspective on the universal processes of contact and resistance, both in psychotherapy and in social systems in general. The practitioner is given these tools for "addressing problems at the intra- and interpersonal level and wider systematic levels at the same time, and in the same language." Each chapter stands alone, and makes a fresh and significant contribution to its particular subject. Taken together, they constitute a remarkable excursion through the history of psychotherapy in this century, weaving powerfully through social psychology, behaviorism, and Gestalt itself, yielding a masterful new synthesis that will interest the practitioners of Gestalt and other schools alike.

## **Book Information**

Paperback: 196 pages

Publisher: Gestalt Press; 1 edition (October 1, 1996)

Language: English

ISBN-10: 0881632481

ISBN-13: 978-0881632484

Product Dimensions: 8.3 x 5.7 x 0.5 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ See all reviewsÂ (2 customer reviews)

Best Sellers Rank: #2,238,355 in Books (See Top 100 in Books) #84 inÂ Books > Medical Books > Psychology > Movements > Gestalt #1811 inÂ Books > Medical Books > Psychology > Applied Psychology #2753 inÂ Books > Health, Fitness & Dieting > Psychology & Counseling > Applied Psychology

## **Customer Reviews**

Wheeler takes Gestalt therapy in a whole new direction in this book, bridging the gap between Fritz Perls' biologistic thinking and Husserlian phenomenology. The so-called "resistances to contact"

become "styles of contact" in Wheeler's vision. For the philosophically minded, this is reminiscent of Heidegger and Merleau-Ponty. For the clinically minded, Wheeler takes Gestalt therapy from its unfortunate preoccupation with 'technique' toward a thoroughly practical assessment and intervention of the total clinical field. The extraordinary thing is how he bridges between the foundational theoretical precepts of Gestalt theory and the concrete praxis of the practicing clinician. This book will change the way you practice your craft on a day to day basis.

One of the few really impressive Gestalt therapy texts out there. The author has the smarts, the skills and the patience to bring Gestalt therapy out of the quagmire of showy charlatanism and to place it on solid theoretical ground. This book is controversial in that it challenges many of the nearest and dearest assumptions of Fritz Perls' ideas and practice--but it's encouraging in that it draws on Perls' (and others) insights to point toward a more complete, more radical and more fully humanistic Gestalt therapy.

[Download to continue reading...](#)

Gestalt Reconsidered: A New Approach to Contact and Resistance No Contact Rule: 17 Best Tips on How To Get Your Ex Back + Free Gift Inside (The no contact rule - No contact - Dating) In Search of Good Form: Gestalt Therapy with Couples and Families (Gestalt Institute of Cleveland Book Series) Gestalt Therapy: An Introduction to the Basic Concepts of Gestalt Therapy How to Do No Contact Like a Boss!: The Woman's Guide to Implementing No Contact & Detaching from Toxic Relationships Eye Contact Training: Get Women, Increase Your Power & Become a True Leader (Eye contact book, Confidence building, Body language secrets, Nonverbal communication, ... Body language training, Attract women) Leptin Resistance: The Leptin Reset: Discover How To Fix Your Fat Hormones And Reboot Your Fat Burning Engine Into First Gear Again (Leptin resistance, ... all grain, ketogenic diet, Atkins Diet) A Train in Winter: An Extraordinary Story of Women, Friendship, and Resistance in Occupied France (The Resistance Trilogy) Insulin Resistance Diet: Top 50 Insulin Resistance Meals-Loss Fat By Increasing Insulin Sensitivity Insulin Resistance Diet: Your Step By Step Guide to Cure Diabetes & Prevent Weight Gain® Over 365+ Delicious Recipes & One Full Month Meal Plan (Insulin Resistance Cookbook, Balance Your Blood-Sugar) Reading Reconsidered: A Practical Guide to Rigorous Literacy Instruction Shostakovich Reconsidered The Black Panther Party [Reconsidered] Congress Reconsidered, 10th Edition Should the Laws of Gravitation be Reconsidered?: The Scientific Legacy of Maurice Allais The Gestalt Approach & Eye Witness to Therapy The Emergent Self: An Existential-Gestalt Approach (The United Kingdom Council for Psychotherapy Series) Children Who Resist Postseparation Parental Contact: A

Differential Approach for Legal and Mental Health Professionals (American Psychology-Law Society Series) The Sirius Mystery: New Scientific Evidence of Alien Contact 5,000 Years Ago Gestalt Therapy and Spiritual Perspective: The InnerSense Collection

[Dmca](#)